

Chapter Meeting/Workshop

Kinesiology and Treatment of the Pelvis and Low Back

May 3–4, 2008 • Tempe, AZ • 10 CE Hours

Saturday, May 3, 2008

- 10–12 **AMTA-AZ Annual Meeting and Elections**
- 12–1 **Members' Appreciation Luncheon (for general meeting and workshop attendees)**
- 1–5 **Workshop—*Kinesiology and Treatment of the Pelvis and Low Back***

Sunday, May 4, 2008

- 9–12 **Workshop—*Kinesiology and Treatment of the Pelvis and Low Back***
- 12–1 **Lunch (included)**
- 1–4 **Workshop—*Kinesiology and Treatment of the Pelvis and Low Back***

Location

Fiesta Resort Conference Center
2100 S. Priest Drive • Tempe, AZ 85282

Directions

From I-10, take Broadway Rd. exit (East). Conference center is on the southwest corner of Priest Dr. and Broadway Rd.

Room Reservations

Toll free: 800-528-6481

To qualify for group rates, reservations must be made by April 18, 2008. Identify group rate as AMTA-AZ.

Room Rate

Single/Double—\$120 plus tax

Workshop Registration Cut-Off Date

Note—\$35 late fee will be charged after registration cut-off date, April 18, 2008. Only early registrants are eligible for lunch choice pre-selection.

Workshop Fee

See Workshop Registration Form on facing page.
25% non-refundable deposit included.

Workshop Information

Kellye Webber, Education Committee Chair
Phone: 520-891-0802
E-mail: comfortzonetherapies@cox.net

Registration Contact

Lil Hackett, AMTA-AZ 1st Vice President,
Education Committee Liaison
7484 N. La Cholla Blvd., Tucson, AZ 85741
Phone: 520-975-5837
E-mail: tortolitalil@aol.com

Materials Needed For Workshop

Massage table and linens, lotion (preferably water-based), loose fitting shorts and button down shirt that can be turned backwards (or a gown)

Recommended Book For Workshop

Kinesiology (Enhanced Addition): The Skeletal System and Muscle Function by Joseph E. Muscolino, DC
We will have 50 copies available at the special conference price of \$48 to the first 50 attendees who include the book cost with their registration fee. **SO GET YOUR REGISTRATION IN EARLY!**

Continuing Education Hours

Total CE Hours: 10

Kinesiology and Treatment of the Pelvis and Low Back

Saturday, May 3 and Sunday, May 4—*Kinesiology and Treatment of the Pelvis and Low Back* is a 10-hour intensive training in understanding, assessing, and treating the pelvis and low back. Day 1 sets the foundation by reviewing the muscles of the pelvis and low back and examining the relationship between the pelvic posture and the health of the spine. We also discuss the principles of proper body mechanics for deep tissue work, as well as the principles of cryotherapy, stretching, advanced stretching, and joint mobilization. Day 2 is entirely hands-on, applying the principles covered in day 1. After palpating the muscles of the region, we cover assessment and treatment techniques, including deep tissue work, regular and advanced stretching, and joint mobilization. The textbook *Kinesiology (Enhanced Edition): The Skeletal System and Muscle Function* is optional, but strongly recommended.



Dr. Joe Muscolino

Dr. Joe Muscolino is a licensed Chiropractic Physician and has been an instructor at the Connecticut Center for Massage Therapy (CCMT) for the past 22 years. He also runs numerous continuing education workshops covering deep tissue massage, stretching, and joint mobilization, as well as Anatomy in Clay™ workshops, cadaver labs, and in-services for instructors of massage therapy. Dr. Muscolino has authored five major publications with Mosby of Elsevier, including *Kinesiology: The Skeletal System and Muscle Function*, and has a regular column entitled *body mechanics* in the *massage therapy journal (mtj)*. He also serves as a subject matter expert on two NCBTMB committees.

Kinesiology and Treatment of the Pelvis and Low Back: Registration Form

Full Name _____ AMTA # _____

Address _____ City _____ State _____

Zip _____ Phone _____ Email _____

Workshop Fee — Members \$100 Any Massage Student \$100 Non-Members \$150
Price of recommended book, *Kinesiology (Enhanced Edition): The Skeletal System and Muscle Function*, is \$48.
Total for workshop with book—\$148 Members, \$148 Massage Students, \$198 Non-Members.

Meal Choice (Only early registrants are eligible for meal choice pre-selection)—
Vegetarian Chicken

★**Note**—\$35 late fee will be charged after the registration cut-off date, April 18, 2008.★
Fees listed below apply to all registrations made after April 18, 2008.

Workshop Fee (After April 18, cut-off date)—
Members \$135 Any Massage Student \$135 Non-Members \$185
Price of recommended book, *Kinesiology (Enhanced Edition): The Skeletal System and Muscle Function*, is \$48. Total for workshop (after April 18, cut-off date) with book—\$183 Members, \$183 Massage Students, \$233 Non-Members.

Total enclosed \$ _____ Make checks payable to **AMTA-Arizona Chapter**

Do you desire registration confirmation?— Yes No If yes— By phone By email

Please note the fee is for the workshop. A **25% non-refundable deposit is included in the workshop fee**. There is no charge for the AMTA-AZ meeting.

Mail payment to—Lil Hackett, AMTA-AZ 1st Vice President
7484 N. La Cholla Blvd. • Tucson, AZ 85741 • 520-975-5837 • tortolitalil@aol.com

